

DECREASED FETAL MOVEMENTS

Summary: *The SA PPG: Decreased Fetal Movements* has been updated and may have significant impacts on local practices and protocols.

INFORMATION RE REVISED PPG: *Decreased Fetal Movements*

The PPG has been updated and may have significant impacts on local practices and protocols. The changes that may impact on your practice include:

- Removal of any reference to counting movements with an increased emphasis on women being aware of their baby's normal pattern of movement.
- Introduction of a pathway for review when women present with reduced fetal movements (ideally < 2 hours).
- Women with decreased fetal movements (DFM) in combination with other risk factors to be managed as a 'high risk' pregnancy.
- Consideration of ultrasound scan (USS) assessment for fetal biometry and amniotic fluid volume (+ morphology if not already performed +/- placental and fetal Doppler assessment, if indicated) as part of preliminary investigations.
- USS (when indicated) to be performed within 24 hours where possible.
- Testing for fetal to maternal haemorrhage via Kleihauer of flow cytometry as part of routine investigations for DFM.
- In the presence of normal clinical assessment (including CTG and USS), if maternal concern for DFM persists, specialist medical opinion should be sought and care individualised.

The SA PPGs are available on the SA Health website: www.sahealth.sa.gov.au/perinatal and the SA Health web-based App called *Practice Guidelines* available at: <https://extapps.sahealth.sa.gov.au/PracticeGuidelines>